HAMBURG RESEARCH ACADEMY

FOSTERING RESEARCHERS FOR TOMORROW

NINE INSTITUTIONS – ONE PORT OF CALL

FOR PROSPECTIVE DOCTORAL RESEARCHERS, DOCTORAL RESEARCHERS, POSTDOCS, JUNIOR PROFESSORS, AND ACADEMIC SUPERVISORS
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WINTER SEMESTER 2021/22

Overview

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Introducing: Close the Gap

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The Hamburg Research Academy is a cross-university institution for doctoral and early career researchers in Hamburg.

**SERVICES**

We offer a wide range of services to support, train, and connect researchers from all disciplines during the crucial first years of their career.

**MISSION FOR HAMBURG**

With the combined resources of our nine member institutions, we offer doctoral and early career researchers in Hamburg outstanding career support and training opportunities and enhance the city’s position as a center of academic excellence.

**STRONGER TOGETHER**

The Hamburg Research Academy was founded as a joint initiative by Universität Hamburg and the Hamburg Senate. It is the first and only collaborative project in Germany that involves nine higher education institutions working together to support doctoral and early career researchers.
BEHIND THE SCENES AND ON STAGE

THE HAMBURG RESEARCH ACADEMY ADVOCATES FOR DOCTORAL AND EARLY CAREER RESEARCHERS, BOTH PRACTICALLY AND STRATEGICALLY.

DRIVING COMMUNICATION

Through conferences, panel discussions and committee meetings, the entities that form the Hamburg Research Academy – the cross-university Board of Directors, HRA Council, Quality Circle, Doctoral Council, Postdoc Council, and the head office – spark important debates on higher education policy.

IMPROVING CONDITIONS

We work closely with our member institutions to improve conditions for doctoral and early career researchers in Hamburg. The following topics are at the center of our efforts: good supervision, quality assurance in doctoral education, career stages for postdocs, good scientific practice, and healthy working conditions.

BUILDING NETWORKS

We maintain close partnerships with the graduate and service centers of our member institutions. Beyond Hamburg, we are active in national and international networks, allowing us to contribute to current developments in the support structures for doctoral and early career researchers.
We offer information and consultation on cross-disciplinary aspects of the doctoral and postdoctoral phases. Our services include public information events as well as one-on-one sessions.
WE OFFER ADVICE ON:
career options within and outside academia | funding | arriving in Hamburg | international mobility | networking opportunities | good scientific practice | conflicts and difficulties

Appointments are available at: www.hra-hamburg.de/advising

ADVISING

OUR TEAM OFFERS INDIVIDUAL ADVISING SESSIONS AND PUTS YOU IN TOUCH WITH OTHER CONTACTS AND SERVICE PROVIDERS IN HAMBURG.

Saskia Pfeiffer, Doctoral Studies
Dr. Kerstin Lange, International Affairs
Dr. Linda Jauch, Postdocs and Junior Professors

HRA SPOTLIGHT

WE ORGANIZE REGULAR TWO HOUR INFORMATION SESSIONS ON TOPICS CENTRAL TO THE DOCTORAL AND POSTDOCTORAL CAREER PHASES.

Working with experts from international academia, we explore specific topics and answer your individual questions. The events are held on site or online.
Our training services support doctoral and early career researchers in developing important transferable skills. We organize workshops, information sessions, and career programs to match specific target groups with the right support opportunities.
THE COURSE PORTAL ON OUR WEBSITE LISTS ALL CURRENT EVENTS:

**Services offered by the HRA:**
workshops, information sessions, networking events

**Services offered by the HRA member institutions:**
events that are open to doctoral and early career researchers from other member institutions

Access the course portal here: [www.hra-hamburg.de/course-portal](http://www.hra-hamburg.de/course-portal)

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**KEY TOPICS**

WE HAVE DEVELOPED OUR PROGRAM SPECIFICALLY TO SUPPLEMENT THE SERVICES AVAILABLE AT OUR MEMBER INSTITUTIONS. THE FOLLOWING TOPICS ARE PARTICULARLY IMPORTANT TO US:

**QUALIFICATIONS FOR ACADEMIA**

We offer a comprehensive program of workshops to strengthen transferable skills for academics. Key areas include academic writing and publishing, time management, and oral defense training.

**ACADEMIC CAREER SYSTEM**

Succeed in German academia: We organize events and a career program to help scholars understand the various stages of an academic career in Germany up to the professorship level. We also touch upon university micropolitics and the academic fixed-term labor contract act (Wissenschaftszeitvertragsgesetz, WissZeitVG).
GOOD SCIENTIFIC PRACTICE
Together with the Ombuds Office of Universität Hamburg, we offer advice, information, and training in the field of good scientific practice. We are also an active member of various international networks and working groups.

GOOD SUPERVISION
Making it work for both sides: We offer tailored services to help doctoral researchers and supervisors develop good working relationships. Additionally, we promote dialog and international exchange on best practices in the field.

INTERNATIONAL AFFAIRS
Are you new to Hamburg or are you planning a research stay abroad? We can help you find your bearings and plan your international career.

RESEARCH COMMUNICATION
How to convey your research subject comprehensively, harness the power of storytelling and social media, or put together your own video presentation? Our project, which was initiated by the Claussen Simon Foundation, offers a platform for everything related to research communication.

HEALTHY WORKING CONDITIONS
We prepare you to handle tasks, stress, and writer’s block confidently to help you balance your research, teaching, and personal life.

PLANNING A CAREER OUTSIDE ACADEMIA
We provide information to doctoral and postdoctoral researchers about the requirements and opportunities of a career outside academia. Through our career fairs and programs, we put them in touch with potential employers.
WE FOSTER COMMUNICATION AND COLLABORATION ACROSS INSTITUTIONS AND DISCIPLINES THROUGH INTERACTIVE NETWORKING EVENTS IN HAMBURG, COMPLEMENTED BY ACTIVITIES PLANNED BY OUR DOCTORAL COUNCIL AND POSTDOC COUNCIL.
EVENTS

THE HAMBURG RESEARCH ACADEMY RUNS AS A LIVELY PLATFORM THAT OFFERS A VARIETY OF EVENTS TO FOSTER DIALOG BEYOND DISCIPLINES.

SHARE EXPERIENCES

We create platforms that encourage doctoral and postdoctoral researchers to exchange their views on shared experiences and challenges, including our HRA Promovierendentag and the digital HRA coffee breaks, for example.

DISCUSS AND DEBATE

Our interactive panel discussions (e.g. HRA Salon) feature speakers from a wide range of backgrounds, such as research and higher education management, early career support, and politics and business.

BUILD YOUR NETWORK

A good network will be extremely helpful as you proceed in your career, whether inside or outside of academia. We put potential employers in touch with doctoral and early career researchers at our career events, such as HRA Career Days.
DOCTORAL COUNCIL AND POSTDOC COUNCIL

Two elected councils represent early career researchers at the Hamburg Research Academy.

The speakers of the two councils advocate for the interests of their status groups and represent them on the Hamburg Research Academy committees. They also contribute their own ideas to foster cross-university exchange, such as the Three Minute Thesis Competition, various panel discussions, regular meetings and online write-in sessions.

All doctoral and postdoctoral researchers of our nine member institutions may vote and stand for election. Elections are held annually.

Please address any questions or ideas to:
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20354 HAMBURG

DIRECTIONS
TAKE PUBLIC TRANSPORT (HVV NETWORK) TO
STEPHANSPLATZ, DAMMTOR, OR GÄNSEMARKT.

SUBSCRIBE TO THE HRA NEWSLETTER:
WWW.HRA-HAMBURG.DE/NEWSLETTER
TEAM

Prof. Dr. Marc Föcking | Academic Director
Prof. Dr. Miriam Beblo | Deputy Academic Director
Dr. Elena Nendza | Managing Director
Saskia Pfeiffer | Doctoral Studies
Dr. Kerstin Lange | International Affairs
Dr. Linda Jauch | Postdocs and Junior Professors
Dr. Theresa Schredelseker | Postdocs at Campus Bahrenfeld
Julia Kölle | Communications
Julia Panzer | Research Communication Project
Dr. Ute Willhöft | Registration for Doctoral Researchers and NACAPS
Katharina Fritz | Team Assistant
Yvonne Kaden | Event Management
Michael Straßberger | Technical Assistant

LEGAL NOTICE

FRESH MOTIVATION AND MENTAL HEALTH ARE TOPICS THAT MANY PEOPLE ARE THINKING ABOUT AFTER THE CORONAVIRUS-AFFECTED SEMESTERS. THAT IS WHY WE ARE ESPECIALLY EXCITED ABOUT NEW HRA EVENTS ON EMPOWERMENT AND HEALTHY WORKING ENVIRONMENTS.

Winter semester highlights
Read on for a selection of events in the semester program of the Hamburg Research Academy and our member institutions. All doctoral and early career researchers at the HRA member institutions are invited to take advantage of these opportunities free of charge.

Full program online
The course portal on our website lists the semester program in full. It also provides details about course contents and participation requirements.
Coffee Breaks: Digitaler Austausch für Promovierende

Jeden Montag, 10:30-11:00 Uhr
Online-Treffen, Zugangsdaten auf unserer Webseite
Für Promovierende, auf Deutsch und Englisch


Digitaler Promovierentag 2020: Fokus Schreiben und Publizieren
22.10.20, 13:00-18:00 Uhr
Online-Veranstaltung
Für Promotionsinteressierte und Promovierende

Kooperation: Universitätskolleg, XX und XX der Universität Hamburg
Die Hamburg Research Academy lädt alle Promovierenden ihrer Highlights of the Hamburg Research Academy

HRA SPOTLIGHT — FINANCIAL EMPOWERMENT
14 Oct 2021, 12–4 pm, online information session for doctoral researchers, instructor: Dr. Birgit Happel, DE
Im Fokus dieses HRA spotlights steht die strategische Finanz- und Karriereplanung für Promovierende.

WISSKOMM-TALK
20 Oct 2021, 4–5 pm, online event open to all, guest: Prof. Dr. Stefanie Molthagen-Schnöring, DE
Stefanie Molthagen-Schnöring ist Kommunikationswissenschaftlerin und Vizepräsidentin für Forschung & Transfer an der HTW Berlin. Als Mitglied der #FactoryWisskomm fragen wir Sie nach ihrer Perspektive auf Wissenschaftskommunikation.

PROJECT AND TIME MANAGEMENT
21/22 Oct 2021, 9 am–3 pm, online workshop for doctoral researchers and postdocs, instructor: Dr. és sc. habil. Alexander Schiller, EN
The workshop focuses on organizational skills of project management in academia.

HOW TO ADVANCE YOUR CAREER IN RESEARCH AND GET FUNDED
26/27 Oct 2021 (online workshops) and 28/29 Oct 2021 (individual online coaching sessions), for postdocs, instructor: Dr. Thomas Koch, EN
The workshop helps to assess the current position, to clarify career aspirations as well as longer-term research goals and to develop a road map for achieving them in the individual setting. It also provides essential guidance on exploiting research funding opportunities effectively at the postdoctoral stage.

SUPERVISION UND BETREUUNG VON PROMOVIERENDEN
28/29 Oct 2021, 9 am–5 pm, online workshop for supervisors, instructor: Dr. Anja Frohnen, DE
In dem Workshop erwerben Sie Wissen über Aufgaben- und Verantwortungsbereiche sowie über Führungsinstrumente für die Betreuung von Promovierenden. Sie reflektieren Ihre Betreuungsbeziehungen und lernen wesentliche Interventionsmöglichkeiten kennen und diese gezielt zu gestalten. Sie erhalten konstruktives Feedback auf Ihre Fragen zu aktuellen Betreuungssituationen.

PHD NAVIGATOR — A COURSE THROUGH THE GERMAN ACADEMIC SYSTEM
10 Nov 2021, 9 am–5 pm, online workshop for international doctoral researchers, instructor: Dr. Christine Issa, EN
This training explains the hidden rules of German academia and provides detailed insights in rules, formalities, time-lines, tasks and pitfalls of a PhD-project.

MEHR LEICHTIGKEIT IM AKADEMISCHEN ALLTAG
11/12 Nov 2021, 9 am–12 noon and individual sessions in the afternoon, online workshop for postdocs, instructor: Prof. Dr. Christine Lohmeier, DE
Für viele Postdocs ist das Gefühl es nie wirklich „richtig“ zu machen ein ständiger Begleiter im akademischen Alltag. Im Workshop werden zu drei Aspekten des wissenschaftlichen Alltags – Bewerbungen, Forschung/Publikationen und Zeitmanagement – Strategien entwickelt, wie mit mehr Offenheit und Freude an herausfordernden Situationen herangegangen werden kann.

SELBSTMANAGEMENT, STRESSBEWÄLTIGUNG & SELBSTMOTIVATION
18 Nov 2021, 9 am–4 pm and 19 Nov 2021, 9 am–1 pm, online workshop for doctoral researchers, instructor: Antje Rach, DE
Im Workshop erarbeiten Sie einen realistischen Plan für den verbleibenden Promotionsprozess sowie Techniken für ein effektiveres Arbeiten. Sie lernen förderliche Denk- und Handlungsmuster kennen, die Ihnen auch in stressigen Phasen dabei zu nutzen hilft.
helfen, gesund und an der Promotion dran zu bleiben.

HRA SPOTLIGHT — GIBT ES GUTE ARBEITSBEDINGUNGEN IN DER WISSENSCHAFT?

25. Nov 2021, 2–4 pm, online information session for all HRA target groups, instructor: Dr. Florian Schweden, DE

Kooperation: Beratungszentrum für Gesundheit und Zusammenarbeit UHH

Erfahren Sie in diesem HRA spotlight Möglichkeiten, wie Sie Ihr eigenes Arbeitsumfeld aktiv gestalten und Belastungsfaktoren steuern können.

HRA SPOTLIGHT — ERFOLGREICH NETZWERKEN WÄHREND DER PROMOTIONSPHASE

16 Dec 2021, 10 am–12 noon, online information session for doctoral researchers, instructor: Dr. Sylvia Löhken, DE

Wie gelingt die professionelle Kontaktpflege in der Wissenschaft?

FROM “DEFICIT” TO “DIALOGUE”: INTRODUCTION TO PUBLIC ENGAGEMENT

11 Jan 2022, 10 am–3 pm, online workshop for doctoral researchers and postdocs, instructor: Dr. Annette Klinkert, EN

Why is Public Engagement important for society and how can researchers benefit from an open dialogue with multiple partners and audiences?

HRA SPOTLIGHT — WISSENSKOMM UND FORSCHUNGSFÖRDERUNG

20 Jan 2022, 10–11:30 am, online information session for doctoral researchers and postdocs, instructors: Ricarda Matheus and Regina Nickel, DE

Kooperation: Deutsche Forschungsgemeinschaft (DFG)

Die Expertinnen geben Einblicke, was aus Sicht der Deutschen Forschungsgemeinschaft gute Wissenschaftskommunikation bedeutet und welche Rolle sie mittlerweile in DFG-Anträgen spielt.

DOCTORAL SUPERVISION: METHODS & TOOLS

7 Mar 2022, 9 am–4:30 pm and 7/8 Apr 2022, 9 am–12 noon, face-to-face workshop for supervisors, instructors: Mirjam Godskesen, PhD and Gitte Wichmann-Hansen, PhD, EN

This intensive doctoral supervision course introduces the most important aspects of PhD supervision. Focus is on the supervisor role, aligning expectations, communication tools and effective feedback.

HIGHLIGHTS FROM OUR MEMBERS

Below selected highlights; for full program, see the website!

MASTERING THE UNEXPECTED — IN REMOTE TALKS, MEETINGS AND DISCUSSIONS

Graduate Academy TUHH

14/15 Oct 2021, 9 am–12:30 pm or 1:30–5 pm, workshop for doctoral researchers and postdocs, instructor: Ric Oquita, EN

This workshop uses improvisation and free-speaking exercises as concrete tools to prepare speakers for unexpected situations that occur during online presentations, meetings and discussions.

DENKANSTOß — DAS KOMPETENZPROFIL ALS FUNDAMENT ERFOLGREICHER BEWERBUNGEN

HR Development at Universität Hamburg

20 Oct 2021 and again on 12 Jan 2022, 12 noon–1 pm, online event for all HRA target groups, instructor: Meike Schoon, DE

Der Kurz-Workshop zeigt auf, wie wichtig es für erfolgreiche Bewerbungen ist, die eigenen Kernkompetenzen und Interessen zu kennen und prägnant benennen zu können. Sie bekommen Anregungen und konkrete Tipps für die Erarbeitung eines persönlichen Kompetenzprofils an die Hand.
PUBLIKATIONSSTRATEGIEN, OPEN ACCESS UND OPEN SCIENCE
Graduate Center (Promotionszentrum) at HAW Hamburg
26 Oct 2021, 2–5 pm, workshop for all HRA target groups, instructor: Dr. Ulrich Herb, DE

WISSENSCHAFTLICHES PUBLIZIEREN – QUALITÄTSSICHERUNG, REVIEW UND IMPACT-MESSUNG
Graduate Center (Promotionszentrum) at HAW Hamburg
2 Nov 2021, 2–5 pm, workshop for all HRA target groups, instructor: Dr. Ulrich Herb, DE

INTRODUCTION TO THE RULES OF GOOD SCIENTIFIC PRACTICE
Graduate Academy TUHH
29 Nov 2021, 9 am–5:30 pm, workshop for doctoral researchers and postdocs, instructor: Helga Nolte, EN
What are the rules of good scientific practice? How to deal with cases of scientific misconduct? Based on the DFG Recommendations and Guidelines, this workshop gives you an overview.

CAREER DAY NON-PROFIT & CAREER DAY
Universität Hamburg Career Center
Career Day Non-Profit on 4 Nov 2021, Career Day on 30 Nov/1 Dec 2021, online events for all HRA target groups, DE
Lernen Sie in kleinen virtuellen Gruppen potenzielle Arbeitgeber kennen und informieren Sie sich über Einstiegsmöglichkeiten, Unternehmenskultur und Karriereoptionen. Beim Career Day Non-Profit sind Stiftungen, NGOs, Einrichtungen des öffentlichen Dienstes und soziale Organisationen vor Ort, beim Career Day Unternehmen aus der Wirtschaft.

REDEFINING CAREER EXPECTATIONS
HR Development at Universität Hamburg
23 Nov 2021, 9:30 am–12:30 pm and 25 Nov 2021, 9:30 am–5 pm, workshop for postdocs, instructor: Kerstin Mauth, EN
A career in the academic system is risky, because it is hardly planable and non-transparent at times. This can cause frustration, especially when there are no more options for contract extensions and you are forced to reconsider their career. This workshop will help you to redefine your career expectations and to deal with the challenges that go along with this.

PRESENTATION SKILLS
Graduate Center (Promotionszentrum) at HAW Hamburg
14 Jan 2022, 10 am–6 pm, workshop for doctoral researchers, instructor: Dr. Natalie Roxburgh, EN
This course offers the opportunity to practice skills in Academic English in an international setting, examining the unwritten rules and conventions of international conferences, publications, and general communication.

BIN ICH AUF DEM RICHTIGEN WEG? INDIVIDUELLE KARRIEREPLANUNG
HR Development at Universität Hamburg
18 Jan/8 Feb 2022, workshop for doctoral researchers and postdocs, instructor: Joanna Bouchi-Häfner, DE
In diesem Workshop gehen Sie Karriereplanung ganzheitlich an. Das bedeutet, die persönliche Entwicklung im Kontext der individuellen Biographie und der Gegenwart zu reflektieren.

BARCAMPS: AUFSTIEGSKOMPETENZEN / NEW WORK / FRAUEN GRÜNDELETE
Universität Hamburg Career Center
27 Jan/24 Feb/31 Mar 2022, online events for all HRA target groups, DE
Die drei Barcamp-Termine zu den Themen Aufstiegskompetenzen, New Work und Frauen Gründen (Existenzgründung) laden Sie zu einem offenen und aktiven Austausch ein. Das Format Barcamp bietet sich ganz besonders an, um gemeinsam Themen auf den Grund zu gehen und voneinander zu lernen.

EXPERT ADVISING SESSIONS
Family Office, Ombuds Office, HR Development at Universität Hamburg
Online advising, appointments by arrangement, DE/EN
Experts from Universität Hamburg offer a range of consultation formats to HRA members: advice sessions on good scientific practice (Ombuds Office), advice sessions on doctoral studies and family obligations (Family Office), career coaching (HR Development). See the HRA website to make an appointment.
Qualifikation

Praktika
Internship
Noch ein praktika
Ausland
Sprachen
Kurse

Brüche

Ziele setzen

Nicht so schüchtern

Sleeping Beauty Syndrome

Immer mehr

Dreh und Promille
INTRODUCING: CLOSE THE GAP

The cross-university project Close the Gap—funded by the Ministry of Science, Research, Equalities and Districts (BWFGB)—primarily targets female academics who, in the wake of the pandemic, have to juggle daily professional and family obligations, often to the detriment of their career. Hamburg’s universities offer various support services to help you cope with these challenges.

One aspect of the Close the Gap project is a cross-university network that brings together experienced and young academics, both with and without family obligations. The network offers diverse events and opportunities for exchange. We highly recommend joining!

Career & Parenthood – Managing the Mental Load
online seminar, 29 September 2021, 12 noon–1:15 pm

Gelassen in Meetings punkten...
online workshop, 5 and 7 October 2021, 9a m–12:30 pm

Empowerment durch gestärkte Kommunikation
online workshop, 19 and 26 October 2021, 9 am–12:30 pm

www.uni-hamburg.de/gleichstellung/gleichstellung/veranstaltungen/close-the-gap

BROADENING HORIZONS

YOU’RE INVITED: DISCIPLINES UNITED

Two research workshops on inter- and transdisciplinary research and team building will take place in the winter semester at the Hamburg Research Academy. We invite doctoral and postdoctoral researchers from all Hamburg universities who work or would like to work beyond the boundaries of their own fields. The day is devoted to information about inter-and transdisciplinary cooperation, networking, and sharing expertise.

The project grew out of the HRA’s Doctoral Council and will continue to be headed by 2 former spokespeople.

DISCIPLINES UNITED
Workshop for doctoran and postdoctoral researchers, 3 December 2021
Initiated and organized by Dr. Yvonne Siegmund and Dr. Julia Simon

www.hra-hamburg.de/disciplines-united